Shaolin Temple

A Holy Pilgrimage Destination Harmonious with Nature & Humanity

Mr. Xue Yunwei  Vice Mayor of Zhengzhou, China
Dharma

Meditating in a stone cave facing the wall for 9 years
(527 A.D. -- 535 A.D.)
Created the Zen Buddhism

Steve Jobs
In 1973  Started Practicing Zen Meditation
In 1976  Created the Great Apple
Shaolin Temple
The Birthplace of Zen

Zen Buddhism

Face the World with the Joy of Heart
Enjoy the Harmony with Human & Nature
Zen is Life & Life is Zen
Everyone could be a Zen Practitioner
Shaolin Kung Fu

A Method of Practicing Zen

Strengthen the Body & Mind Prevent Conflicts & Maintain Justice

Popular exercise for the Public
Shaolin Architecture
A display of Zen Wisdom
UNESCO World Culture Heritage

Songyue Pagoda (built in 523 A.D.)
The Earliest Existing Brick Pagoda

The Earliest Astronomical Observatory
(Built in 1276 A.D.)

The Chinese *Shoushi* Calendar
(Issued in 1281 A.D.)
Mt. Songshan
Home of Shaolin Temple
3.6 Billion Years Old
World Geological Park
Source of Chinese Civilization

The Journey of Heart
Strengthen your body
ease your mind
free your soul